



TECHNICAL REQUIREMENTS

To our customers:

Thank you for your purchase of an AIR Yogalates kit(s). We appreciate your business.

This document is for informational purposes only.

You have not requested AIR Yogalates's assistance for your rigging activities except for the assembly the kit(s), including tissue(s), small slings, carabiners and daisy chains.

AIR Yogalates has had no role in examining the proposed location or configuration of your rigging or the precise ways in which you will use it, including portable rigs.

AIR Yogalates hereby disclaims any and all responsibility for your use of the rigging materials you purchase. We provide this warning to you to make you aware of, and sensitive to, your clients' needs for safety and the absolute necessity to have competent structural engineers and riggers assemble and install your apparatus.

We strongly advises that the assessment and installation of anchor points should be carried out by a qualified structural engineer and a rigging contractor.

Optimum ceiling height

Distance between the floor and the anchor points

Between 9' and 15' (2,75m and 4,57m)

Optimum being 10' to 11' (3,05m to 3,35m)

Require surface area

From the center of the hammock: 3' radius (0,92m)

From a sideways wall: 5' (1,52m) between the center and the wall

From a back wall: 7' (2,13m) between the center and the wall

Anchor points

2 anchor points require per hammock

At 1' (0,31m) distance between them

For comfort purposes, the distance may go up to 2' (0,61m)

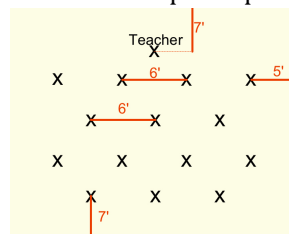
Fabric specifications

Working load limit: 200 pounds

Breaking strength: 2,000 pounds

Hammocks' configuration in space

The location of the hammocks is dictated by the structural construction of the space/studio. Each hammock must be offset and staggered from the others to the front and rear, to ensure sufficient room between participants.



Maintenance

The hammock can be cleaned in a washing machine, by using the cold wash setting and preferably with soft soap.

An optional rinse cycle is advised. Hang dry or tumble dry low.

Suggested wash interval is once per month or when needed.

Jewellery, watches and other metallic accessories can damage the fabric.

Ensure that participants remove these items before using the hammock.